**Enforced Play**

Give each of the activities below a rating between 1 and 10, where 1 is what you would least like to do, and 10 is what you would most like to do.

These will not be handed in and there is no need to put your name on them.

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| Activity | How much you would like to do this? (1-10) |
| Group clowning: active group movement, making funny faces and gestures. |  |
| Active laughing: playing with silly props to make us all laugh. |  |
| Colouring-in fun: rapid session using crayons to colour in cheerful childhood images. |  |
| Word association 'catch': when the ball is thrown to you, say a word associated with the previously said word. |  |
| Talking talents: each person in turn describes the five things they are best at. |  |